



**OLD DOMINION EMERGENCY MEDICAL SERVICES ALLIANCE INC.**

1463 Johnston-Willis Drive  
 Richmond, VA 23235-4730  
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 www.odemsa.vaems.org

**CRITICAL INCIDENT STRESS MANAGEMENT Committee Meeting**

August 7, 2014; 6:00 p.m.

ODEMSA CONFERENCE AND EDUCATION CENTER

**Attending:** Kent Safright, Jessica Goodman, Daniel Linkins, Gary Martinez, Mary Houston, Jay Marks

**Teleconference:** None

**Staff:** Damien Coy, Holly Sturdevant

**Materials Distributed:** previous minutes, agenda, and material on clinical depression in EMS providers and CISM debriefing article

Topic/Subject	Discussion	Recommendations, Action/Follow-up; Responsible Person
<b>Call to Order</b>	Damien called the meeting to order at 1820. General introductions made. Damien Coy introduced as new ODEMSA admin for CISM team.	Motion approved to accept minutes.
<b>Reports</b> ODEMSA	Holly – 4 calls in last 2 quarters.	
<b>Old Business</b>  Shirts  Training Class	Group discussion involving polo shirts. It is an ongoing discussion.  Mary Houston advised there will once again be a 5-day CISM training class taking place in October(tentatively October 6-10). Site of class is yet to be determined.	Damien advised he would talk to Heidi concerning polo shirts.



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<b>New Business</b>	<p>Discussion took place outlining a plan for enhanced CISM team exposure in the ODEMSA region. Damien offered a plan for having a CISM lecture dinner once a quarter in a different planning district each quarter. Jessica and Mary Houston advised of the possibility of holding these lecture/dinners in hospitals within the planning districts. Possible involvement of mental health professionals during presentations.</p> <p>Group discussion on business cards. No definitive decision made as of yet.</p> <p>Group discussion on notification methods for activation of CISM team. Possibility of “text blast”, followed by an e-mail. Also, emphasized the need for communication after activation(i.e. sending an e-mail back advising text was received, even if not able to respond).</p> <p>Holly and Mary led discussion concerning Mitchell model vs. Psychological 1<sup>st</sup> Aid.</p> <p>Mary and Jessica discussed possibility of night lecture series during the week of the CISM class in October(if instructor is willing). Possibility of 1 night north of the river and the other night south.</p> <p>Discussion involving possibility of moving meeting time to 1830 due to traffic.</p>	<p>Damien will e-mail members concerning meeting time preference.</p>



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	<p>General discussion on bringing the CISM roster up to date.</p> <p>Group discussion with Mary covering meeting participation. Mary advised that in her previous employment, team members had a required meeting once per year to remain active. Will discuss at next meeting.</p>	
<b>Next Meeting</b>	Next meeting to be held on November 20; 6p-8p	
<b>Adjourn</b>	Damien made a general motion to adjourn. Seconded by present team members. Meeting adjourned at 2045.	