



OLD DOMINION EMERGENCY MEDICAL SERVICES ALLIANCE INC.

1421 Johnston-Willis Drive
 Richmond, VA 23235-4730
 804-560-3300 • FAX: 804-560-0909
 www.odemsa.vaems.org

Peer Support Committee

December 5th, 2020; 19:00pm to 20:00pm

Chair: Max Bornstein

Vice Chair: Vacant

Members and Guests Present:

Conference Line: Shannon Daniels, Jeff West

ODEMSA Staff: Tarsha Robinson and Lynette Eanes

Minutes Scribed by: Lynette Eanes

Materials provided: Meeting Agenda

| Topic/Subject | Discussion | Recommendations, Action/Follow-up; Responsible Person |
|--------------------------------|--|--|
| Meeting Called to Order | Shannon Daniels called the meeting to order at 19:05 | Called to Order |
| Reports: | None | |
| Old Business: | Discussed the formation of the Health and Wellness committee as recommended by Dr. Allen Yee. The committee will be responsible for providing resources to field providers in mental health and physical health. | Health and Wellness |
| New Business: | Building and creating a reference list for providers wanting or needing assistance in mental or physical health. To include community service boards. The idea was brought up to add online resources to the reference list to make it more user friendly and easier for providers while at home or at work. Offer education opportunities and partner with organizations to offer classes to any public safety workers. For example, Yoga classes for beginners Contact a service dog organization about possibly partnering with our Peer Support Team In the next two meetings work on a mission and vision for the new committee | Reference list Class offerings Service Dog |
| Business from the Floor | None | |



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| Next Meeting | March 4 th , 2021 at 19:00 virtually. | |
| Adjourn | The meeting adjourned at 20:14 | |